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Test Content Categories	How well do I know the content? (scale 1–5)	What resources do I have/need for this content?	Where can I find the resources I need?	Dates I will study this content	Date completed
I. Human Developmental and					
Individualized Learning Needs (29%)					
A. Human development					
1. Understands human growth and					
development to create appropriate and					
meaningful learning experiences that address					
the individual strengths and needs of students					
2. Knows typical developmental milestones					
(e.g., linguistic, cognitive, physical) and how					
they may differ for individuals with					
exceptionalities					
3. Knows the adaptive behavioral needs of					
individuals with exceptionalities to perform					
activities of daily living (e.g., grooming,					
managing money, following safety rules)					
B. Individualized Learning Needs					
1. Knows how environmental factors influence					
development and learning beyond the disability					
(e.g., socioeconomic status, trauma, peer					
interaction, family/caregiver dynamics)					
2. Knows how biological factors (e.g., traumatic					
brain injury, cerebral palsy, intellectual					
disability) can affect an individual's behavior					
and academic performance.					
3. Knows how disabilities may affect processing					
skills (e.g., auditory, language, and visual)					

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4. Knows how exceptionalities may affect					
individuals' interactions with families and					
communities (e.g., cognitive and sensory					
impairment, physical and health					
exceptionalities)					
II. Planning and Instruction and the					
Learning Environment (32%)					
A. Planning and Instruction					
1. Knows how to use student information					
gathered from multiple evaluation tools (e.g.,					
anecdotal records, behavior scales, discrete					
trial training, task analysis) to guide					
instructional decisions					
2. Knows how to use effective strategies (e.g.,					
social stories, immediate					
feedback/reinforcement, practicing emergency					
drills, using augmentative and alternative					
communication devices) to promote active					
student engagement, increase student					
motivation, increase opportunities to respond, and enhance self-regulation of student learning					
3. Knows how to plan, develop and deliver					
specially designed instruction using appropriate					
instructional practices (e.g., explicit and					
systematic instruction) to teach a wide range of					
skills (e.g., academic, functional life skills,					
adaptive behavioral skills)					

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Test Content Categories	How well do I know the content? (scale 1–5)	What resources do I have/need for this content?	Where can I find the resources I need?	Dates I will study this content	Date completed
4. Knows how to adapt the curriculum and use					
strategies (e.g., modeling, scaffolding, visual					
aids, shaping, differentiated instruction),					
accommodations, and modifications to address					
individual student needs					
5. Knows how to use strategies to support					
instruction in community-based settings to					
ensure transfer and generalization of skills					
6. Knows the components of Individualized					
Family Service Plans (IFSPs) and Individualized					
Education Programs (IEPs) and can develop					
instructionally appropriate goals and objectives.					
7. Knows how to develop culturally responsive					
transition plans and services based on an					
individual's needs (e.g., preferences, interests)					
according to Individuals with Disabilities					
Education Act (IDEA) in order to support					
postsecondary education, vocational education,					
integrated employment, and independent					
living.					
B. Learning Environment					
1. Knows how to plan and implement a					
productive and supportive learning					
environment (e.g., routines, standard					
procedures, visual schedules, daily transitions					
between activities/locations)					

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2. Knows how to arrange the learning					
environment and use various grouping					
techniques (e.g., flexible groups, small, focused					
groups) to meet the learning needs of					
individuals					
3. Knows how to adapt the learning					
environment to provide appropriate instruction					
and monitor proficiency in mathematics,					
including functional mathematics skills					
4. Knows how to adapt the learning					
environment to provide appropriate strategies					
and instruction in order to develop vocabulary,					
writing, fluency, and reading comprehension,					
including functional reading skills					
5. Knows how to adapt the learning					
environment to provide optimal learning					
opportunities for individuals with					
exceptionalities (e.g., assistive technology,					
health care, physical supports)					
III. Assessment (19%)					
A. Interventions, Eligibility, and Identification					
1. Knows the purpose of formal and informal					
assessments and data collection (e.g., Response					
to Intervention, screening, eligibility,					
placement, programming)					

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Test Content Categories	How well do I know the content? (scale 1–5)	What resources do I have/need for this content?	Where can I find the resources I need?	Dates I will study this content	Date completed
2. Knows how to develop, select, and adapt					
culturally and linguistically appropriate					
assessments to meet students' functional,					
learning, and behavioral needs (e.g., use					
alternative assessment, simplify language,					
reduce the complexity of tasks) for students					
with developmental disabilities					
3. Understands how to contribute to students'					
eligibility determination according to IDEA (e.g.,					
student data, anecdotal records), keeping in					
mind that exclusionary factors such as cultural					
and economic disadvantages must be ruled out					
as the primary cause of learning challenges					
4. Comprehends assessment terminology (e.g.,					
valid, reliable, summative, formative)					
5. Knows how to use data from a variety of					
sources (e.g., observations, data collection					
records, behavior supports) to develop and					
implement appropriate interventions					
B. Program Planning Based on Data					
1. Knows how to interpret student assessment					
data for stakeholders (e.g., parents, generalists,					
itinerate staff, etc.)					
2. Knows how to use assessment data to					
analyze student progress, to monitor program					
effectiveness, and to inform selection of					

Test Content Categories	How well do I know the content? (scale 1–5)	What resources do I have/need for this content?	Where can I find the resources I need?	Dates I will study this content	Date completed
modifications and accommodations, including assistive technology					
3. Knows how to conduct functional behavioral assessments to create a behavioral intervention plan					
IV. Ethical and Legal Practice, Professionalism, and Collaboration (20%)					
A. Ethical Guidelines, Legal Policies and					
Procedures					
1. Knows legal definitions and processes related to the identification of individuals with exceptionalities under IDEA					
3. Knows major legislation such as IDEA and Every Student Succeeds Act (ESSA) as well as current trends related to safe and evidence- based practice					
4. Knows how to apply policies and ethical guidelines regarding prereferral, referral, identification, and placement procedures (e.g., IEP and IFSP development, Americans with Disabilities Act, procedural safeguards)					
5. Knows how issues in equity, including cultural and linguistic biases, may contribute to the overidentification of certain groups for special education					
6. Knows the continuum of placement options to ensure individuals receive specially designed					

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How well do I						
Test Content Categories	know the content? (scale 1–5)	What resources do I have/need for this content?	Where can I find the resources I need?	Dates I will study this content	Date completed	
instruction and make progress toward						
individualized goals in the least restrictive environment						
B. Professionalism and Collaboration						
1. Knows how to deepen professional growth						
using various strategies (e.g., analyzing student						
learning, self-reflection, collaborating with						
other practitioners, professional development)						
2. Knows how to identify appropriate resources						
to support families and students in order to						
advocate for equitable resources and services						
(e.g., health related services, community-based						
programs) that address the unique needs of an						
individual's program						
3. Knows approaches for collaborating (e.g.,						
coplanning/coteaching, facilitating family						
consultations to discuss progress, coordinating						
with job coaches) with relevant stakeholders						
(e.g., families, paraprofessionals, school						
professionals) in order to implement effective						
programs and services that support students'						
instructional and behavioral needs						