

M.S. Degree in Health Studies

Concentration in Exercise Nutrition (EXNU)

UofM Global: online courses only

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|----------|-------------------------|
| Name: | SID#: |
| Advisor: | Semester/Year Admitted: |

| I. Major Core (6 hours) | | | | Grade | Sem/Yr |
|---|----------|-----|--|-------|--------|
| DEPT | COURSE # | HRS | COURSE NAME | | |
| HMSE | 7010 | 3 | Research Methods in Health Studies | | |
| <i>AND one of the following:</i> | | | | | |
| HPRO | 6400 | 3 | Statistics for Health Sciences | | |
| EDPR | 7541 | 3 | Statistical Methods Applied to Education | | |
| PUBH | 7150 | 3 | Biostatistical Methods I | | |
| II. Exercise Nutrition Concentration (12 hours) | | | | Grade | Sem/Yr |
| DEPT | COURSE # | HRS | COURSE NAME | | |
| ESMS | 7201 | 3 | Physiology of Exercise: Musculoskeletal Aspects | | |
| ESMS | 7202 | 3 | Physiology of Exercise: Metabolic/Cardiorespiratory Aspects | | |
| NUTR | 7412 | 3 | Cellular Nutrition I | | |
| NUTR | 7422 | 3 | Cellular Nutrition II | | |
| III. Electives (12 hours) | | | | | |
| DEPT | COURSE # | HRS | COURSE NAME | | |
| ESMS | 6603 | 3 | Advanced Methods of Strength & Conditioning | | |
| ESMS | 7300 | 3 | Morphological Foundations of Strength Development | | |
| ESMS | 7902-11 | 3 | Special Topics in Exercise, Sport & Movement Sciences | | |
| NUTR | 7000 | 3 | Sport & Dietary Nutrition | | |
| NUTR | 7001 | 3 | Nutraceuticals & Dietary Supplements | | |
| NUTR | 7002 | 3 | Exercise & Nutrition Immunology | | |
| NUTR | 7902-11 | 3 | Special Topics in Nutrition Science | | |
| ELC | 7000 | 1-6 | Experiential Learning Credit will also be considered for possible use as elective hours. | | |

A minimum of 30 hours is required for the concentration

LWW 2024F



College of Health Sciences