

Client Conceptualization Worksheet

- 1. Presenting Problem**
- 2. Mitigating Circumstances**
- 3. Core issues – Recurring Themes**
- 4. Clients Modus Operandi**
- 5. What needs are being met by client's behavior**
- 6. What needs are being denied by client's behavior**
- 7. How does (doesn't) the presenting problem relate to any of the above**
- 8. What are you aware of and/or observing within the counseling relationship?**
- 9. Theoretical framework that you would use when working with this client (provide detailed rationale/description and examples of specific techniques)**