## EDUCATION

##### Bachelor of Science, Concentration: Pre-Nursing, Expected Graduation: May 2026

The University of Memphis, *Memphis, TN*

GPA: 3.8

**Associate of Applied Science, Nursing,** *May 2024*

*Southwest Tennessee Community College, Memphis, TN*

GPA: 4.0

**CERTIFICATION**

***Basic Life Support*** *(CPR and AED):* *Tennessee, Expiration: April 2026*

## WORK EXPERIENCE

***Community Health Educator,*** *June 2023 – Present*

*Hattiesburg Health and Wellness Center*, Memphis, TN

* Host “Weekly Wellness” classes open to the public, with a new topic featured every week. Prepare lesson plans and discussion points related to each weekly lesson.
* Host extended workshops on critical topics, such as long-term family care, child development, and nutrition. Designed short-term goals for the end of every session, and long-term goals for the end of every workshop.
* Conduct classroom visits to elementary, middle, and high school classes. Work with teachers in advance to ensure lessons are appropriate for students’ age and skill level.
* Create marketing materials promoting relevant health topics and the Health and Wellness Center as a whole.

 ***Health Education Intern*,** *May 2022 – May 2023*

 Universal Health Center, Memphis, TN

* Presented weekly seminars on health topics relevant to college-age adults. Popular topics included basic hygiene, cold/flu prevention, and sexual health.
* Held open “office hours” to interact one-on-one with any students with general health questions. Provided referrals to campus physicians as needed.
* Staged health information booths at campus sporting events, club fairs, and in the student union to increase visibility of student health services.

## VOLUNTEER EXPERIENCE

##### UofM Relay for Life, September 2023 – April 2024

 *Organizer*

* Promoted Relay for Life events and fundraisers to campus through informational booth, flyers, and emails.
* Hosted series of informational meetings for teams in the weeks leading up to the relay.

**HONORS**

#### **Dean’s List**, University of Memphis, Memphis, TN, (Fall 2023, Spring 2024)